Checklist for Mentees

Preparing for the Partnership

☐ Become familiar with the APEGBC Mentoring program and its objectives.

☐ Identify your personal and/or professional reasons for wanting to participate in this mentoring partnership.

☐ Be prepared to talk about your professional experiences, goals and challenges with your mentor.

☐ Have a list of questions that you would like to ask your mentor.

☐ Know what your mentor will expect and do during your mentoring partnership.

☐ Think through how you’d like your mentoring partnership to operate.

☐ Determine any limits to set (e.g., maximum amount of time you can spend).

☐ Review the competency based assessment system to determine where you currently stand and need to focus. (*At this time the competency based assessment system only applies to EIT’s and Applicants*).

Implementing the Mentoring Partnership

☐ Invite your mentor to meet with you in person or by phone.

☐ If possible, obtain more information about your mentor prior to meeting.

☐ Look over the APEGBC Mentoring Program Guidelines to become familiar with the program and resources available. (*The guideline has an agenda/meeting minutes template that most matches utilize in their second or third meeting*).

☐ During this meeting, anticipate and encourage questions.

☐ Discuss the mentoring partnership in detail. (*APEGBC has an optional Mentoring Partnership Agreement document available on their website for matches to use if they choose*).

☐ Go over your goals and objectives and be prepared to discuss them with your mentor.